



Introducing the “In It to WIN It” Weight Loss Challenge

A six-week weight loss challenge for all VA Employees that will run from January 23rd until March 2nd 2012.

Team up with your fellow co-workers to be the station with the highest percentage weight loss within the agency. The top 3 stations with the highest percentage of weight loss by the end of the challenge will be the “WINners” and receive a WIN Makeover!

ACT QUICKLY! Registration for this challenge only runs from January 2nd until January 20th.

Learn more, visit VAemployeewellness.com for more information.

Services provided in partnership with Federal Occupational Health, HHS, and the Occupational Health, Safety and Prevention Strategic Health Care Group, VHA.



An HR&A Initiative to invest in people development, workforce engagement and talent management for the delivery of high-quality healthcare, benefits and other services to Veterans and their families.



VA Employee Wellness Program

Wellness Is Now

